



**PSYCHOWELLNESS
CENTER**



WEBINAR SERIES

COVID - MENTAL HEALTH: WORK-LIFE BALANCE AND PRODUCTIVITY

What, Why & How on Work-life Balance
Q & A with our experts



Prof. Asma Parveen
Chairperson and Professor,
Department of Psychology,
AMU, Aligarh



Dr. R.K.Suri
Senior Clinical Psychologist
Founder: Psychowellnesscenter



Dr. Kaukab Imam, Ph. D.
Psychology, Department of
Psychology, AMU, Aligarh

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**Zoom Conference
5 June 2021
12:15 pm - 1:00 pm**

E Certificate to participants

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