



**PSYCHOWELLNESS
CENTER**



Webinar Series

Yoga & Mental Health:

Know Benefits of Yoga Asana for Mental Health Wellness



**Dr. Jyoti Jha, "Yoga Guru & Naturopath"
Director, Sanjeevani Yoga & Naturopathy
Centre**

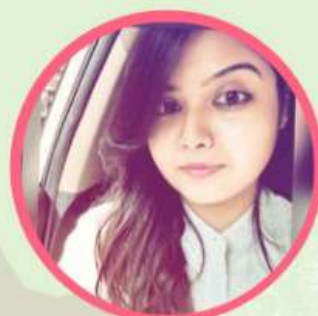
**Dr. (Prof.) R. K. Suri
Mentor, TalktoAngel**

Founder, Psychowellness Center



**GurSahiba Kaur, Partner
GAAG HEALTHCARE LLP**

**Ms. Ankita Sharma,
Head, Corporate Programs, TalktoAngel**



Register For Free

Zoom Conference

📅 21st June 2021 ⌚ 8 AM

E-Certificate to all Participants



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